



Photo by Foxfire 235

Igloolik

Address: Igloolik Health Centre

Igloolik, NU X0A 0L0

Phone: 867-934-2100

Fax: 867-934-2149

3 The community

3 Access

4 Commodities

4 Grocery prices

4 Temperature

5 Recreation/Attractions

6 Population

6 Language

7 The clinic

7 Main services

7 Schedule

8 Resources

8 On duty

8 Lodging

The community



Igloolik Town by BaShildy

Name

Igloolik means “there is a house here” in Inuktitut.

Location

Igloolik is located on Igloolik island in the Qikiqtaaluk region. It is on the north east of the Melville peninsula.

Access

It can be reached by plane. From Montreal, the trip is normally done in 2 days. From Edmonton, the plane makes a stop at Yellowknife. Then, the nurse takes their second flight from Yellowknife to Igloolik. A direct flight is possible. The total journey normally lasts 18 hours.

Commodities

Bank

ATM counters are available in the Northern Store.

Grocery/Coop

Northern Store (retail & grocery, light banking).

Hotels

Tujurmivik Hotel, Igloolik Inn Hotel, LRT Lodging and B&B, Qarmaq.

Gas station

Detachment station

Restaurant

Co-op restaurant, Tujurmivik Hotel's restaurant (with pizza delivery).

Particularities

There is a bakery called Flower Sweets bakeshop and a Co-op coffee shop.



Grocery prices

The prices are quite high, it is suggested that the nurse takes some supplies with them for their stay.

Temperature

Igloolik is sunny 24 hours a day from May 20th to July 24th. The polar night occurs from November 29th to January 12th.

	Lower average	Higher average
January	-35°C	-28°C
April	-23°C	-15°C
July	4°C	11°C
October	-10°C	-7°C

Recreation/Attractions

Outdoor activities

Hiking, hunting, fishing, wildlife viewing, snowmobiling, dog-sledding.

Boat rides for wildlife viewing or Canada goose egg picking.

Tourism

Igloodik Hunters and Trappers Association offers activities such as:

- polar bear watching
- ice flow tours
- walrus sightings
- visiting movie shoot areas
- dog team rides

Wildlife

The sea abounds with marine mammals such as bowhead whales, narwhals, belugas, walruses, polar bears and birds including loons, geese, eider ducks, jaegers, plovers, snow buntings and snowy owls.



Culture

In summer, enjoy music festivals and circus performances by Artcirq, the only Inuit circus troupe in the world, which is based in Igloodik. There are also stone, antlers and ivory carvers in Igloodik.

The Research Center (aka “The Mushroom”) has set up an oral history project to preserve traditional knowledge.



Igloodik Research Center by Mike Beauregard

Population



Igloolik Clothing by Ansgar Walk

The population of Igloolik is about 1600 people.

Number of houses: around 260

Residents always give the last 4 digits of their phone number. The first 3 are always 934. The area code is 867.

Language

The commonly spoken languages are Inuktitut and English. A very small part of the population speaks French.



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The clinic

Main services

Nursing staff: 4 to 7 nurses (4 in community health, 1 in charge, 1 in homecare, 1 in mental health). Staff support at the reception: 1 handyman, 1 person in charge of the household. From 8pm to 8am, there is a security guard in the premises. All staff have their own office.

Schedule Nursing Staff: The nursing staff starts at 8:30am to make reports with the team: doctor if present, community health nurse, nurse in charge, homecare nurse and mental health nurse.

Clinic schedule: 9am to 5pm Monday to Thursday, 9am to 11am Friday. Closed from 12am to 1 pm at lunch time.

Therapeutic Guide: First Nations and Inuit Health Branch (FNIHB). Hard copies are available in the health center. It is also available online: <https://www.canada.ca/en/health-canada/services/first-nations-inuit-health/health-care-services/nursing/clinical-practice-guidelines-nurses-primary-care.html> For antibiotics, they use The Anti-Infective Guide for community - acquired infection. There is a mobile application on the online book available for about \$ 30. These are the two tools used everywhere in all health centers in Nunavut. They also have the Nunavut Drug Formulary. This document indicates all the medication that can be given without a doctor's prescription. You will find a copy in all the rooms and offices of community health nurses.

Schedule

Here is the schedule of the clinic:

Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
AM	walk in & blood work	walk in & blood work	walk in & blood work	walk in & blood work	walk in & blood work
PM (programs + walk in)	Well woman walk in	Well child walk in	Pre-natal walk in	Chronic disease walk in	Chart catch up/ program management

- If you are on duty on PM Friday, you will still need to see patients and do phone follow-ups.
- All patients have previously made appointments.

Resources

Doctor: The doctor is in the community for 7 to 10 days every 10-15 days.

Visiting medical specialists:

RCMP: To ensure the safety of all, the RCMP number is posted on the bulletin boards of all the chambers.

Firefighters:

First responders: no first responders. The paramedics are there to ensure the medevacs of patients and their team only.

Social worker: 2 social workers are available

Psychologist:

Nutritionist:

Dentist: Dentist and other professionals come to the clinic a few times a year

Other professionals: Physiotherapist, occupational therapist and other professionals must be prescribed or referred by a doctor. Following this, the professional contacts the patient and they go on a medical trip.

Other services given on visits:

Interpreter:

On duty

Guards are shared between nurses at the clinic, always first and second when the clinic is closed, including lunch hours.

When you are on call, you have calls during the day, during the opening hours of the center, the staff at the reception will put the name of the patient who calls in the record of the nurse on call so that they can call them back and give them an appointment.

Lodging

You will remain in a transit that you may share with other health professionals. It is forbidden to smoke in the apartments or bring a spouse. Animals too are forbidden.