

AUPALUK

Address: PO Box 4, Aupaluk
Quebec J0M 1X0
Tel: 819-491-9090



Aupaluk means "where it's red" in Inuktitut, because the soil is rich in iron oxide.

History

Aupaluk is the smallest community in Nunavik. Located in Hopes Advance bay 150 km away from Kuujuaq, 60 km away from Tasiujaq and 80 km away from Kangirsuk, this village was a traditional hunting and fishing site for a long time. Aupaluk was entirely built by the Inuit in 1975.

Access



Aupaluk can be reached by plane by taking a Canadian North flight from Montreal/Quebec to Kuujuaq then an Air Inuit flight from Kuujuaq to Aupaluk.

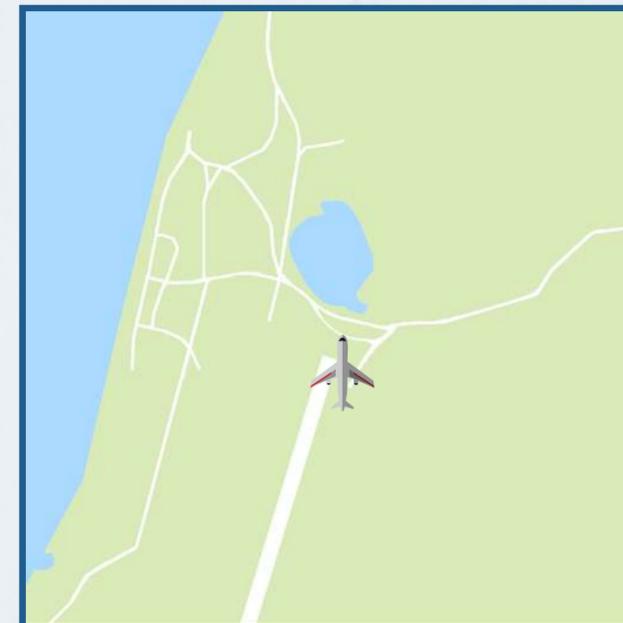
Population

*Inhabitants: around 250
Languages spoken: Inuktitut, English*

*Economic activities:
Fishing, hunting, arts and crafts, businesses and services, tourism, construction, transport, outfitters.*



Services



 Airport

Other services:

- Arena and gym
- Coop grocery store
- Coop hotel
- Daycare
- Post office
- Anglican church
- FM community radio
- Junior Rangers (Canadian Armed Forces)

Temperatures



The clinic

Address: PO Box 4, Aupaluk Quebec J0M 1X0

Tel: 819-491-9090

Fax: 819-491-7066

E-mail: clsc.aupaluk@ssss.gouv.qc.ca

Nursing staff: 3-4

Expanded
role
2-3

COVID-19
1

Hours: CLSC open from Monday to Friday from 9am to 5pm, emergency services evening/night/weekend.

Therapeutic guide: Therapeutic guide - Ungava Tulattavik Health Center

Pharmacy: In the clinic

Amenities: Archives, laboratory, electrocardiography and observation unit

Main services: Community health (home care, perinatal care, contraception, dental health, school health, occupational health, social services), emergency services, medical consultations

Resources:

Doctor: Visits 4-5 days per month, consultations by phone

Police: Yes KRPF

Firefighters: Yes

Others: interpreter, social worker, northern attendant, youth protection worker, community health worker

Occasional visits from specialists

Accommodation



Vous demeurerez dans un transit à moins d'une minute de marche. Il y a deux chambres privées, le reste est en commun.



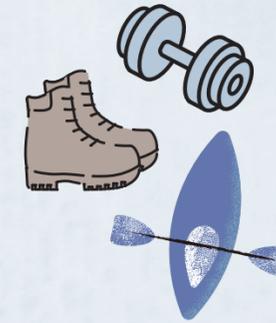
Il est interdit de fumer dans les appartements ou d'amener son conjoint.
Les animaux sont interdits.



Le transit est meublé et tout équipé niveau cuisine et télévision. Le câble et Internet sont disponibles pour 10\$/semaine.



Activities and attractions



Sports

- Arena, equipped gym
- Hiking
- Kayaking and canoeing

Other activities

Sewing workshops (parka, mittens)



Worth seeing

- Migration of the caribou herd from Leaf river (October to December)
- Sea mammals
- Arts, crafts and culture

Enjoy your assignment!